



Department of
RECREATION SERVICES

ACTIVITY GUIDE

SPRING - SUMMER 2026



INSIDE THIS ISSUE

Contact & Connect
Membership Information
Rental Opportunities
Discount Tickets

Facilities
Parks
Events
Programs



**CONNECT WITH
US ON FACEBOOK!**

Follow @CommunityCenterattheFel

Enhance the quality of life for all residents through physical, mental, cultural, social, and environmental development

MISSION STATEMENT

DEPARTMENT STAFF

Lauren Irizarry, Director of Recreation Services
Charlie Alcorn, Recreation Supervisor
Valéz Jackson, Recreation Manager
Tyrell Taylor, Recreation Coordinator
Rachel Mulderrig, Administrative Specialist
Tom Brady, Weekday Front Desk Associate
Alexa Davenport-Collins, Weekend Front Desk Associate
Alexandra Davis, Weeknight Front Desk Associate
Chris Jackson, Weekend Front Desk Associate
Gloria Scott, Weekday Front Desk Associate
Colleen Byrne, Weeknight Front Desk Associate

CANCELLATION POLICY

Conshohocken Borough reserves the right to cancel any program. In the event a program is canceled, a full refund will be issued. Programs are subject to cancellations if they do not meet minimum enrollment. Inclement weather may also be a reasonable cause.

INCLEMENT WEATHER POLICY

If the Borough and School District are closed, the Community Center will be closed. If the School District is closed and the Borough has a delayed opening, the Community Center will have a delayed opening in conjunction with the Borough.

If the Colonial School District and Borough have a delayed opening, the Community Center will also have a delayed opening in conjunction with the Borough and the Colonial School District.

PHOTO POLICY

The Recreation Services Department takes photos of program participants, members and/or visitors. These photos are for Borough use only and may appear on flyers, publications and social media outlets.

REFUND POLICY

Refunds (less 5%) must be requested a minimum of five (5) business days prior to the start of the program or event. Refunds for summer camp programs must be requested a minimum of thirty (30) business days prior to the start. Refunds may take up to thirty (30) business days to process. We do not issue cash refunds. Once a program session begins, refunds will not be offered. All discount ticket sales are final and non-refundable.

COMMUNITY CENTER OPPORTUNITIES

We are looking for members to join our team! We have openings for after care staff, fitness instructors, and summer camp counselors opportunities. Please contact Lauren Irizarry at lirizarry@conshohockenpa.gov if interested.

The office of the Recreation Services Department is located at the Community Center at the Fel.

CONTACT INFO

Address

Conshohocken Community Center
at the Fel
515 Harry Street,
Conshohocken, PA 19428

Phone

(610) 828-3266

Borough Website

www.conshohockenpa.gov

Recreation Website

conshohockenrsp.recdesk.com

Email

RecServices@conshohockenpa.gov

HOURS OF OPERATION

Monday - Thursday: 7AM – 9PM

Friday: 7AM – 5PM

Saturday: 8AM – 4PM

Sunday: 8AM – 4PM

View the Recreation Services daily calendar for details on holiday closures and activities.

HOW TO REGISTER FOR CLASSES, PROGRAMS & EVENTS

1 REGISTER ONLINE: Go to: conshohockenrsp.recdesk.com. To register online, a credit card is needed. Prior to registering for any activity you must first create a customer account through the RecDesk Community Portal.

2 REGISTER OVER THE PHONE: Call us at 610-828-3266. To register by phone, a credit card is needed.

3 REGISTER IN PERSON: Visit us at the Community Center. Cash, checks, and credit cards are accepted in person.



RENEW ACTIVE & ONE PASS PROGRAM

We're a participating facility of Renew Active/One Pass! The Renew Active and One Pass programs provide eligible members access to this location at no cost through your insurance. You will have access to all the services and privileges, and/or classes that are normally a part of our standard membership.

How Do I Get It?

Learn more at UHCRenewActive.com to see if your health plan offers this program.



SILVER SNEAKERS & PRIME MEMBERSHIPS

We're a participating facility of Silver Sneakers & Prime! Tivity Health members have access to our facility, fitness equipment, and are also eligible to participate in free fitness classes included in our regular membership. Stop in today to see if you are eligible!



How Do I Get It?

If you're interested in joining visit <http://www.tivityhealth.com> to see if your health plan offers this program.



COMMUNITY CENTER MEMBERSHIP RATES

Monthly Rates	Resident	Non-Resident
Youth (12-17)	\$6.00	\$8.00
Adult (18-61)	\$17.00	\$22.00
Family (4 max)	\$22.00	\$29.00
Senior (62+)	\$6.00	\$8.00

Annual Rates	Resident	Non-Resident
Youth (12-17)	\$55.00	\$72.00
Adult (18-61)	\$155.00	\$200.00
Family (4 max)	\$193.00	\$250.00
Senior (62+)	\$45.00	\$58.00

Day Passes	Resident	Non-Resident
Youth (12-17)	\$4.00	\$5.00
Adult (18-61)	\$6.00	\$7.00
Senior (62+)	\$3.00	\$4.00

OPEN GYM TIME:

The Community Center has open gym time based off the daily schedule. For information on the daily schedule please call 610-828-3266 or view online at: <https://conshohockensp.recdesk.com>

REMINDERS

Memberships and day passes allow access to full usage of all amenities within the facility. Some of these amenities include: a gymnasium, which features a full-size basketball court, a fitness center with cardio and weightlifting machines, and a game table area. **Annual memberships** include three (3) guest passes per month. Guest(s) and day pass users must complete paperwork, sign a waiver form, and be 18 or older. **A parent/guardian must be present to sign a waiver form if under 18 and remain on site if the child is under 12 years old.** Members must accompany guest(s) at all times. Members are not permitted to leave their guest(s) at the facility unattended/unsupervised.

Members will not have access to areas of the facility that are being used for programs, events or rentals. Please call 610-828-3266 to learn more about the daily schedule.

RENTAL OPPORTUNITIES

Live, Work, Play!

Give us a call or stop in for a visit! Contact RecServices@conshohockenpa.gov to schedule your reservation. All reservations are made on a first come, first served basis. All applicants must complete a Facility Rental Application and submit a deposit to book a reservation. For pricing, policies and room selection see our website at: <http://conshohockensp.recdesk.com> or call 610-828-3266. See **page 5** for facility rental options.



Pavilion Rentals

Our pavilions provide an ideal outdoor setting for any spring, summer, or fall party. All pavilions are located within steps of our newly renovated playgrounds. See **page 6 and 7** for pavilions available to rent.

To reserve one of our fields or park pavilions please contact RecServices@conshohockenpa.gov or call 610-828-3266. Park permits and fees apply. Rental requests must meet all requirements to be approved prior to hosting your activity in the park.



HOLD YOUR NEXT PARTY WITH US!

Birthday Party Packages

Choose from our party packages below or customize your own!

Purposeful Play

Purposeful Play offers a 45 minute party geared towards 1 - 4 year olds with movement and music, an obstacle course, and parachute play.

Contact Marianne at Purposefulplay1@gmail.com for more information.



Beanie Bounce Party Deals

Choose from a variety of entertainment and set your own price through Beanie Bounce Party Rentals. Face painting, moon bounces, crafts, & more!

Visit beaniebounce.com for a full list of items available or call them at 610-272-0270.

- All inflatable moon bounces and other party entertainment are provided by Beanie Bounce Party Rentals.
- Discount pricing may vary during busy and off seasons. Two weeks notice for face painters and moon bounces preferred.

Renters must contact Beanie Bounce directly regarding pricing.



THE COMMUNITY CENTER AT THE FEL

Located at 515 Harry St.

Multi-Purpose Room

This space is ideal for hosting events, birthday parties, luncheons, programs, seminars, and more! Equipped with a warming kitchen, private restrooms, and comfortable seating for 150 people. This space can meet all of your needs.

- Volleyball capabilities (one net)
- Two basketball nets (baskets can reach six feet for youth)
- Multi-sport flooring
- Large open gym space

Fitness Center

This space includes: seven weight machines, two treadmills, three ellipticals, two stationary bikes, one row machine, exercise balls, free weights, and a scale.



Activity Space

Membership holders can enjoy a ping-pong table, air hockey table, and pool table! TV and lounge area perfect for relaxing, hanging out with friends, or meeting new people!



MARY WOOD PARK HOUSE

Located at 120 E. 5th Ave.

Rental Opportunities Available!

The Mary Wood Park House is perfect for hosting meetings or small events.

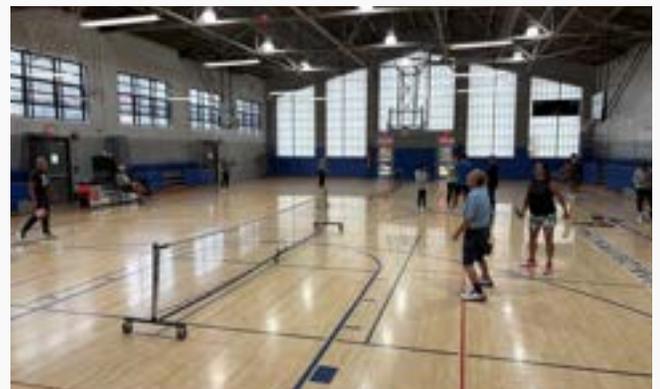


Meeting Room

Perfect for smaller meetings, and parties. Fits around 25-30 people with tables and chairs.

Basketball Gym

Regulation sized basketball gym with six basketball nets, bleachers on each side, announcer's table, and scoreboard capabilities. This space can be rented for sports parties, pick-up games, and more. It can also be utilized as a volleyball court (two nets at once), and for pickleball games.





A.A. GARTHWAITE STADIUM (A-FIELD) Located off of E. 11th Ave. & Harry St.

- Regulation football field
- Two locker rooms (home & away)
- Men's and women's restrooms
- Concession stand with refrigerator
- Press box with sound system
- Scoreboard capabilities
- Bleachers and benches for teams
- Small parking lot and street parking
- Walking track

2nd AVENUE PARK Located off of W. 2nd Ave. & Maple St.

- Playground equipment
- Park benches
- Small parking lot

The Meadow

- Open grass space available for parties, picnics, etc.

B-FIELD Located at E. 13th Ave. & Hallowell St.

- Non-regulation sized field suitable for practice only
- Equipped with lights that can be programmed
- Playground area
- Small parking lot and street parking

B-Field Pavilion

- Available for parties, picnics etc.
- Picnic bench

AUBREY COLLINS PARK Located at E. Elm St.

- Playground equipment
- Basketball court
- Street parking
- Open field
- Horseshoe pit

Aubrey Collins Pavilion

- Available for parties, picnics etc.
- Picnic benches

HAINES & SALVATI MEMORIAL PARK Located off of Wood St.

- Basketball court
- Park benches
- Parking
- Trash receptacles

Walking Track Hours of Operation

- Opens around 7:00 AM. Closes around dusk (depending on the season)
- Enter at the pedestrian gate off of Hallowell St. to access the walking track
- A-Field restrooms will be open for the Spring
- The A-Field Stadium and walking track will be closed on holidays and during rentals consisting of contests and tournaments

MARY WOOD PARK Located at E. 6th Ave. & Hallowell St.

- Playground
- Open grass space
- Plenty of street parking nearby

Mary Wood Park Pavilion

- Available for parties, picnics etc.
- Picnic benches



To learn more about renting one of our Pavilions spaces, see **page 4**.

SUTCLIFFE PARK

Located at 900 Freedley Street

Sutcliffe Park

- 2 full basketball courts
- Playground equipment
- Concession stand
- Off-street parking lot
- Restrooms are available seasonally from 7:00 AM - 8:00 PM

Senior Field

- Baseball/Softball field
- Large multipurpose outfield available for sports (i.e. flag football, youth soccer)



Evergreen Pavilion

- Available for parties, picnics etc.
- Picnic benches



Playground Pavilion

- Available for parties, picnics etc.
- Picnic benches
- Electricity available

Fitness Court

The fitness court is now open and available for public use at Sutcliffe Park. This world-class outdoor bodyweight circuit training system is designed so that people of all levels and abilities can get a full body workout in just 7 minutes. Each station utilizes body weight to increase fitness levels. Instructions for each workout can be found on the wall decals or through the downloadable Fitness Court app available on iPhone and Android devices. The app includes guided audio workouts and tutorial videos; graded difficulties, HIIT, upper, lower and full body routines; and workouts hosted by expert celebrity trainers and influencers.

The fitness court includes the following equipment and features:

- Plyometric / Squat Boxes
- Lunge Step Course
- Agility Dots
- Agility Ladders
- 2 Bending Stations
- Concrete Border
- Rubberized Tile Surface
- Progressive Training Wall
- 2 Sets of Destabilized Pushing Handles
- 2 Sets of Stabilized Pushing Ladders
- 7 Progressive Foothold Strips
- 2 Sets Rowing Handles
- 4 Full Body Rowing Stations
- 2 Sets of Bicep Curl Rings
- 2 Sets of Muscle-Up Rings
- 2 Sets of Stabilized Pull-Up Bars



64th Albert C. Donofrio Classic

Monday, March 23rd - Tuesday, April 14th
7:00PM & 8:30PM | 515 Harry Street

Don't miss this basketball tournament rich in tradition and talent, featuring the best players in high school hoops.

Ticket Prices:

- Senior (62+): \$3.00
- Adult (18-61): \$6.00
- Children (6-17): \$2.00
- Under 5: Free
- Tournament Pass: \$40.00 (not valid for Semi & Final Games)

***Tournament Bracket will be available 2 weeks prior to the start.**

Health & Wellness Fair

Tuesday, May 12th
6:00PM - 8:00PM | 515 Harry Street

Brought to you by the Recreation Services, the Health & Wellness Fair is a great event for the Conshohocken community to obtain information about healthy living, eating, physical activity, mental health services, and other local wellness resources. Registration for attendees is not required.

Health & Wellness Vendors Needed!

Interested health and wellness vendors should contact the Community Center at the Fel at 610-828-3266 or email RecServices@conshohockenpa.gov.

Easter Egg Hunt

Saturday, April 4th
10:00AM | 515 Harry Street

Hop over to the Community Center at the Fel for the annual Easter Egg Hunt! The event will be held outdoors rain or shine. Admission is FREE. Prizes and refreshments will be provided with a special visit from the Easter Bunny!

Registration is required for each child participating. Registration begins February 2nd for residents. Registration will open to all on February 16th and end March 30th or when maximum capacity is reached.



Senior BBQ Luncheon

Wednesday, June 3rd
12:00PM | 515 Harry Street



Join us for a free BBQ to kick off the summer. This event is for the seniors (62+) of the community. Registration is required and will begin May 1st. Registration will end June 1st or when maximum capacity is reached. To register, call the Community Center at 610-828-3266.

AMERICAN RED CROSS BLOOD DRIVE

Date: Sunday, May 10th
Time: 9:00AM - 2:00PM
Location: 515 Harry Street



Help save a life by donating blood today! Donating blood is easy and rewarding. A single blood donation can help save up to three lives.

*Registration is not required, but if you would like to make an appointment, visit the Red Cross website.

Clothing Drive: The Month of September

Colonial Neighborhood Council is in need of clothing for children of all ages. For the month of September, we will be collecting gently used and new clothing!

Drop Off: Community Center at the Fel (515 Harry Street)

Drop Off Times:
Monday-Thursday: 7am - 9pm
Friday: 7am - 5pm
Saturday-Sunday: 8am - 4pm



The following group fitness programs are **FREE** with a Community Center Membership. Classes are ongoing throughout the year. Registration is not required.

Active Fitness (62+)

Mondays, Thursdays, & Fridays
8:30 AM - 9:15 AM

A fun and energizing workout for active older adults that is sure to keep you moving! Classes are designed to increase flexibility, joint stability, balance, coordination, agility, and muscular strength.

H.I.I.T w/ Eileen

Wednesdays

8:00 AM - 8:45 AM

H.I.I.T or high-intensity interval training, is a training technique in which you give all-out, one hundred percent effort through quick, intense bursts of exercise, followed by short, sometimes active, recovery periods.

Cardio & Core w/ Eileen

Fridays

8:00 AM - 8:45 AM

Build core muscle groups through a variety of exercises designed to strengthen your abdomen and back muscles while increasing your flexibility.

Group Fitness Programs

Registration is required for the following programs. Registration will end 5 days prior to the start of the session to meet the minimum required participants for the class to run. An additional drop-in rate may be available based on space, but not guaranteed.

KICK + CORE

Class includes interval tabata style using your own body weight with light weight dumbbell segments for approximately an hour. We then move onto our core with Pilates type movements including stretch and elongation of core muscles. The 2 style classes are a perfect combo of cardio/energy and stretching/peace.

Day: Saturdays (6 weeks) | **Age:** 18+

Dates:

- Session 1: 3/7 - 4/18 (no class on 4/4)
- Session 2: 4/25 - 6/6 (no class on 5/23)
- Session 3: 6/13 - 7/25 (no class on 7/4)

Time: 8:15 AM - 9:50 AM

Fee: \$42 Residents/Members | \$45 Non-Residents | \$8 drop in



Stay tuned for dates and details!

Core Fitness classes blend strength, cardio, and functional movement in a supportive, high-energy environment. Exercises are adaptable to any fitness level and all participants will exercise together at a level appropriate for each individual.



ZUMBA & CARDIO POP FITNESS

ZUMBA is a fusion of Latin and International music - dance themes that create a dynamic, exciting, effective fitness system! The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Stay tuned for dates and details!



PILATES

Pilates is exercise designed to strengthen the core, improve balance and flexibility, increase muscular strength and endurance. Workouts are low impact and designed to adapt to participants of all fitness levels.

Day: Tuesdays (6 weeks) | **Age:** 18+

Dates:

- Session 1: 3/10 - 4/21 (no class on 3/31)
- Session 2: 4/28 - 6/2

Time: 9:30 AM - 10:15 AM

Fee: \$60 Members | \$65 Non-Members



YOGA IN THE PARK

Yoga Home will be offering yoga classes in the parks through August. To register visit <https://ouryogahome.com/>.

Saturdays - 9:00 AM at Sutcliffe Park
Wednesdays - 6:00 PM at Mary Wood Park



YOGA FOR BEGINNERS

This class will introduce you to basic yoga principles, simple breath work techniques and key alignment in foundational poses.

Day: Mondays (8 weeks) | **Age:** 18+

Dates: 4/20 - 6/15 (no class on 5/25)

Time: 6:30 PM - 7:30 PM

Fee: \$80

***All programs listed in this activity guide will take place at the Community Center at the Fel unless otherwise stated.**

ACTIVE OLDER ADULTS (62+) PROGRAMS

Live, Work, Play!

BINGO

Research has shown that games are good for the brain! They can stimulate memory, attention skills, and most importantly promote social interaction. Light refreshments will be included.

Days: Mondays, ending on June 2ND

Time: 10:00 AM

Membership Fee: \$10 membership fee due at the beginning of January. Fee will be pro-rated accordingly.

SENIOR LINE DANCE

Join our senior line dance group to learn popular line dances in a relaxed, fun environment. The class will focus on improving balance, sharpening memory through choreography, and building mindful social connections.

Day: Wednesdays (6 weeks)

Dates:

- Session 1: 3/25 - 4/29
- Session 2: 5/6 - 6/10

Time: 10:00 AM - 11:00 AM

Fee: \$60 Members/Residents | \$65 Non-Residents



SILVER SCREEN CLASSICS

Join us for monthly classic movies that offer seniors a nostalgic, matinee experience, featuring beloved films from the Golden Age of Hollywood.

Day: Tuesdays (second Tuesday of the month)

Dates: 3/10, 4/14, 5/12, 6/9

Time: 1:00 PM

Fee: Free with Community Center membership



ACTIVE FITNESS

A fun and energizing workout for active older adults that is sure to keep you moving! Classes are designed to increase flexibility, joint stability, balance, coordination, agility, and muscular strength. Classes are currently being held!

Dates: Mondays, Thursdays, and Fridays (Ongoing)

Time: 8:30 AM - 9:15 AM

Age: Active Older Adults



ARTS & CRAFTS

Join us for a fun and engaging arts and crafts class. This session is designed for seniors of all skill levels to explore different crafts. This class offers a welcoming and creative environment where participants can explore various artistic projects, learn new skills, and enjoy the company of others. Depending on the month, the craft will be tailored to a theme or holiday. Whether you are a seasoned artist or looking to try something new, come enjoy a relaxing environment where you can express yourself and create something beautiful to take home.

Day: Fridays

Dates: 3/6, 4/10, 5/1, 6/5

Time: 10:30 AM

Fee: \$5 per class Members | \$10 per class Resident | \$15 per class Non-Residents



ADULT PROGRAMS

Live, Work, Play!

SUNDAY MORNING BASKETBALL

MEN

Sunday Morning Basketball is held every Sunday in the gym for non-competitive pickup games.

Day: Sundays | **Age:** 30+

Time: 9:00 AM - 11:00 AM

Fee: Free Members | \$6 per session

WOMEN

Women's Sunday Morning Basketball will be held once a month on Sundays in the gym for competitive, self-led pickup games

Day: Sundays | **Age:** 18+

Dates: 3/29, 4/26, 5/17, 6/7

Time: 11:00 AM - 1:00 PM

Fee: Free Members | \$6 per session



CORPORATE LUNCHTIME BASKETBALL

Corporate Lunch Time Basketball is perfect for those who work in the area and want to unwind on their lunch break playing non-competitive games among colleagues.

Days: Tuesdays & Thursdays (Ongoing)

Time: 12:00 PM - 2:00 PM

Fee: Free Members | \$5 per session

SPRING/SUMMER MEN'S BASKETBALL LEAGUE

All teams that were enrolled in the 2025/2026 Fall/Winter League will have first choice to register. 10 Team League, with 10 games guaranteed (all teams make PLAYOFFS). For more information, contact Tom Brady at 610-828-3266 or tbrady@conshohockenpa.gov.

Date: Mondays & Wednesdays, beginning May 4th

Times: 6:00 PM - 8:00 PM | **Age:** Men 21+

ART CLASSES WITH THE CONSHOHOCKEN ART LEAGUE

BASIC SKILLS 1: INTRO TO DRAWING

Our first Basic Skills class is designed for beginners as a survey of essential drawing. Utilizing the most basic artist materials, each class will begin with demonstrations of drawing techniques, followed by students' personal experimentations with those materials. Each class will also cover the history of each technique and how famous artists have used them in their works. (Supplies Included)

Day: Mondays (8 weeks) | **Age:** 16+

Dates: 3/2 - 4/20

Time: 6:30 PM - 8:30 PM

Fee: \$200 Residents | \$210 Non-Residents | 10% discount for Art League

Location: Mary Wood Park House

BASIC SKILLS 2: PAINTING

Our second Basic Skills class focuses on painting techniques that build upon the drawing techniques learned in our Basic Skills Drawing class. Each class will begin with demonstrations of a new painting technique followed by a lesson on a famous artist and how they used this technique in their work. Students will then be guided in an application of this technique to create their own painting! (Supplies included)

Day: Thursdays (8 weeks) | **Age:** 16+

Dates: 3/5 - 4/23

Time: 6:30 PM - 8:30 PM

Fee: \$200 Residents | \$210 Non-Residents | 10% discount for Art League

Location: Mary Wood Park House

WATERCOLOR PAINTING

Starting with the fundamentals, this class will explore color, texture, and technique of watercolor. This class is for all levels, whether you're just beginning your watercolor journey or in need of inspiration and new techniques to explore. (Supplies included)

Day: Tuesdays (8 weeks) | **Age:** 16+

Dates: 3/3 - 4/21

Time: 6:30 PM - 8:30 PM

Fee: \$200 Residents | \$210 Non-Residents | 10% discount for Art League

Location: Mary Wood Park House

INFANT CPR TRAINING

Infant CPR training will give individuals the skills necessary to prevent, recognize and provide basic care for emergencies in infants until advanced medical personnel arrive. This is a noncertification class led by Anthony Wiencek of Emergency Training Partners. Registration is required.

Dates:

- Tuesday, April 21st | **Time:** 6:30 PM
- Sunday, May 3rd | **Time:** 10:00 AM
- Saturday, June 27th | **Time:** 10:00 AM
- Saturday, July 11th | **Time:** 10:00 AM
- Tuesday, July 28th | **Time:** 6:30 PM

Fee: \$15 Residents | \$20 Non-Residents



REGISTER NOW! conshohockenrsp.recdesk.com

PICKLEBALL CLINICS

Day: Mondays (5 weeks) | **Age:** 18+

Dates:

- Session 1: 4/6 - 5/4
- Session 2: 5/11 - 6/15 (no class on 5/25)

Times:

- Advanced Beginner - 9:00 AM
- Intermediate Plus - 10:30 AM
- Beginner - 12:00 PM

Fee: \$210 Residents/Members | \$220 Non-Residents



PICKLEBALL OPEN PLAY

Pickleball is a cross between ping-pong, tennis and badminton. This program is open play based on first come, first serve.

Day: Tuesdays, Wednesdays & Fridays (Ongoing)

Time: 9:00 AM - 12:00 PM

Fee: Free Members | \$4 Residents | \$5 Non-Residents

LINE DANCE

Day: Wednesdays | **Age:** 18+

Dates:

- Spring Session: 4/8 - 5/13 (6 weeks)
 - **Fee:** \$72 Residents/Members | \$77 Non-Residents
- Summer Session: 6/10 - 7/1 (4 weeks)
 - **Fee:** \$48 Residents/Members | \$53 Non-Residents

Location: Mary Wood Park House

FUSION

If you haven't noticed, yet ... Line Dance is back, and it's energized! It's varied and inclusive, which means you learn all kinds of dance moves to a huge variety of music. Appropriate for all levels, from those new to dance through experienced dancers.

Time: 6:30 PM - 7:30 PM

ALA CARTE

For experienced dancers, and those who like the challenge of learning dances with more complex choreography and timing, this just might be your new addiction! Focus on learning **ONE** dance each class. (Not for the novice dancer).

Time: 7:40 PM - 8:40 PM

AMERICAN SIGN LANGUAGE CLUB (ASL) WITH ROSIE SPEECH

Amber Schafer from Rosie Speech is leading a beginner-friendly introduction to American Sign Language (ASL) for adults. No prior experience required. All are welcome! Participants will learn the alphabet, finger spelling, essential signs, and everyday conversational skills, with a special focus on vocabulary that fits life and careers. Whether participants have a background in childcare, healthcare, or another field, lessons will be tailored to include the most relevant and helpful signs for the group.

Day: Thursdays (10 weeks) | **Age:** 16+

Dates: 4/16 - 6/18

Time: 7:00 PM

Fee: \$200 Residents/Members | \$205 Non-Residents

TEEN PROGRAMS

Live, Work, Play!

BASKETBALL OPEN GYM

We are reserving a two-hour time slot strictly for our younger teens to utilize open gym. Games will be coordinated by staff.

Day: First Wednesday of the month

Dates: 3/4, 4/1, 5/6, and 6/3

Times: 3:30 PM - 5:30 PM

Ages: 12 - 14

Fee: Free to members or with purchase of a day pass



SPORTS SAMPLER

Sports Sampler is an engaging, instructional program designed to introduce teens to a variety of sports in a fun, inclusive, and low-pressure environment. This program allows participants to explore multiple sports while building skills, confidence, and teamwork. Teens will rotate through several sports such as basketball, soccer, flag football, pickleball, floor hockey, kickball, ultimate frisbee, and other age-appropriate activities. Each sport is introduced with fundamental rules and skill-building drills, followed by organized games that encourage participation and friendly competition. Led by staff, sessions emphasize instruction, fair play, and participant engagement. Activities are modified as needed to ensure safety and inclusion. The Teen Sports Sampler League is ideal for teens who want to stay active, try new sports, or build confidence in a supportive group setting.

Day: Saturdays (5 weeks) | **Ages:** 12 - 15

Dates: 4/11 - 5/30 (no class on 4/18, 5/9, & 5/23)

Time: 10:00 AM - 12:00 PM

Fee: \$50 Residents/Member | \$60 Non-Residents



DRIVERS EDUCATION ONLINE THEORY

John's Driving School's 30 Hour Online Driver's Education: PA S.P.I.D.E.R. Course by IMPROV is approved by the PA Dept. of Education. Powered by S.P.I.D.E.R., a proprietary method developed by the world's top behavioral and driving experts, this course provides a simple set of tools that will help new drivers make safer choices and avoid collision.

Just as spiders skillfully and anticipatorily weave their webs to trap prey and deter predators, using the S.P.I.D.E.R. Method™ means to: SCAN surroundings actively, PREDICT potential hazards, IDENTIFY risks in real-time, DECIDE the best course of action, EXECUTE decision effectively, and REVIEW the outcome and adapt accordingly.

The PA S.P.I.D.E.R. Course by IMPROV is approved by the Pennsylvania Department of Education and is structured to meet the requirements of the Department. Once registered John's Driving School will email access to the 13 Chapter/30 Hour Course. Students must complete each chapter to advance to the next and are limited to 2 hours per day. The course must be completed within 1 year from date of registration. Upon course completion and passing the final exam the Certificate of Completion will be emailed by John's Driving School!

A driver's permit is not required to register. Feel free to visit www.icandrive.com or call John's Driving School directly for more information and/or to arrange for "in-car" behind-the-wheel instruction! John's Driving School is available by phone Mon-Fri from 10 am to 7 pm and Sat from 10 am to 4 pm at 215-295-8014!

Ages: 15 - 18

Fee: \$50 (Please note the fee for this course is non-refundable.)

TWEEN GIRLS NIGHT OUT: THE BEAUTY OF BEING YOU WITH VERI CHERI

Date: Thursday, April 23rd

Times: 6:30 PM - 8:00 PM

Ages: For girls 8 - 13

Fee: \$39

Grab your girls and join us for a feel-good, confidence-boosting Tween Girls Night Out! This interactive evening blends connection and creativity into a fun, uplifting experience designed just for ages 8-13. In today's culture of comparison and perfectionism, girls need spaces where they can "keep it real" and celebrate who they are. During this special night out, participants will:

- Explore a meaningful story about individuality and self-worth.
- Experience hands-on clay mixing and create a one-of-a-kind keepsake
- Discover the CHERI framework (Confidence, Heart, Empowerment, Radiance, Individuality)
- Build connection and courage through playful group trivia

We want girls to leave feeling seen, supported, and proud of what makes them shine. Space is limited to keep the experience personal and interactive.

MOVIE NIGHT IN THE PARK

THURSDAY, AUGUST 27TH

MOVIE TBD - BEGINS AT DUSK

MARY WOOD PARK

BE SURE TO BRING YOUR OWN CHAIR OR BLANKET!

THE SNACK SHACK WILL HAVE SNACKS AND DRINKS FOR SALE.

PAINT & PLAY

Fridays

- Session 1: 2/27 - 3/27 (5 weeks)
 - **Fee:** \$108 Members/Residents | \$113 Non-Residents
- Session 2: 4/10 - 6/5 (8 weeks, no class on 5/22)
 - **Fee:** \$172 Members/Residents | \$177 Non-Residents

Toddler Sensory - This parent/toddler art class is a treat for the senses! The focus is on process over product as they thread with varied materials, movement, and music, and messy fun!

- **Ages:** 1.5 - 2.5 | **Time:** 9:30 AM - 10:30 AM

Preschool Art - This parent/child class supports whole child learning with lots of opportunity to experiment with paint, varied materials, and sensory play as a theme is threaded with imagination, art, and movement to music.

- **Ages:** 2.5 - 5 | **Time:** 11:30 AM - 12:30 PM

PURPOSEFUL PLAY

Interactive developmental play program for children and parents. Movement with music, gym exploration, and parachute, all with tyke size equipment perfect for fun! Facilitated activities support physical, social, and cognitive skills. Nannies and grandparents are welcome. Come with a friend, meet new friends! Ages are only used as a guideline.

Wednesdays (7 weeks)

- Session 1: 4/22 - 6/3

Ages/Times:

- Baby Bears (5 months - crawlers): 5:30 PM
- Family Bears (sturdy walker - 4 years): 6:30 PM

Fee: \$147 Members/Residents | \$152 Non-Residents

Thursdays (9 weeks)

- Session 1: 3/19 - 5/21 (no class on 4/2)

Ages/Times:

- Little Bears (walkers - 2.5): 10:00 AM
- Big Bears (2 - 5): 11:00 AM
- Baby Bears (6 months - crawlers): 12:00 PM
- Bitty Bears (newborn - 6 months): 1:00 PM

Fee: \$188 Members/Residents | \$193 Non-Residents



INTRO TO ART: A SPACE FOR YOUNG ARTIST

Conshohocken Art League Introduction to Art class is designed to teach students, the foundations of drawing, painting, color theory and art history in a fun and creative environment! Starting with basic drawing, each class will build upon the students' new skills to give an overview of the fine art mediums including painting, sculpting, collage, and more.

Days: Saturdays (8 weeks) | **Ages:** 6 - 12

Dates: 3/7 - 5/9 (no class on 4/4 & 4/18)

Time: 10:00 AM - 12:00 PM

Fee: \$125 Residents | \$130 Non-Residents

| 10% discount for Art League Members

Location: Mary Wood Park House



SPRING BREAK CAMPS

THEATRE HORIZON'S DRAMA CAMP

In Theatre Horizon's Drama Camp, young actors spend a week working as an ensemble to create an original play - full of drama, comedy, suspense, and one-of-a-kind characters. Professional teaching artists guide campers through playwriting basics and fun improvisation games. On the last day of camp, they perform their world premiere play for an audience of friends and family using props and costumes they made themselves!

Day: Monday - Friday

Dates: 3/30 - 4/3

Time: 9:00 AM - 3:00 PM

Ages: 7 - 12

Fee: \$220 Members/Residents | \$225 Non-Residents

Location: Mary Wood Park House

SKYHAWKS SPRING BREAK CAMP

When school is out, we are in! Skyhawks Spring Break Camp is a multi-sport program that is designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport along with vital life lessons such as sportsmanship, inclusion, and teamwork.

Day: Tuesday - Friday | **Ages:** 6 - 12 (K - 6th)

Dates: 3/31 - 4/3

Time: 9:00 AM - 3:00 PM

Fee: \$250 | Sibling Discount \$225

Location: Community Center at the Fel

AMERICAN SIGN LANGUAGE CLUB (ASL) WITH ROSIE SPEECH

Amber Schafer from Rosie Speech is leading an engaging American Sign Language (ASL) Club for children! Through interactive games, songs, and storytelling, and hands-on activities, children will learn essential vocabulary, and concepts such as the alphabet, greetings, colors, numbers, animals, and everyday phrases.

Day: Thursdays (10weeks) | **Ages:** 6 - 12 (K - 6th)

Dates: 4/16 - 6/18

Time: 6:00 PM

Fee: \$200 Members/Residents | \$205 Non-Residents

GYMNASTICS WITH REFLEX SPORTS

Reflex Sports is a non-competitive, elementary gymnastics and sports fundamentals program for children. In our classes, your child gets to discover, explore, and develop their physical and mental capabilities by participating in fun, engaging, and challenging activities.

Dates:

- Spring Session: Thursdays, 4/16 - 6/4 (8 weeks)
- Summer Session: Tuesdays, 6/16 - 8/4 (8 weeks)

Ages/Times:

- 1-3-year-olds - 4:00 PM
- 4-7-year-olds - 4:45 PM
- 2-3-year-olds - 5:30 PM
- 4-7-year-olds - 6:15 PM

Fee: \$175 Members/Residents | \$180 Non-Residents

Create-a-Cook

6/15 - 6/19 [9am - 12pm]

Fee: \$205 | Ages: 9-15

Create-a-Cook invites young chefs to jump into a summer of flavor, creativity, and hands-on kitchen fun! Designed just for young cooking enthusiasts, this one-week cooking adventure blends essential culinary skills with exciting daily challenges that spark confidence and imagination. Campers will chop, sauté, whisk, and cook their way through a variety of kid-approved recipes while learning real techniques used by professional chefs. With guidance from Create-a-Cook's expert instructors, each participant will discover new ingredients, build teamwork, and experience the joy of creating delicious dishes from scratch. It's the perfect blend of learning, laughter, and unforgettable summer tastes.

Create-a-Cook

6/22 - 6/26 [9am - 12pm]

Fee: \$205 | Ages: 9-15

Create-a-Cook brings junior chefs into an exciting, hands-on kitchen experience where creativity and teamwork take center stage. Throughout this dynamic one-week program, campers will learn essential cooking techniques—from confident knife skills to mastering the perfect sauté—while preparing a variety of delicious, kid-approved dishes. Guided by Create-a-Cook's professional chef instructors, students will explore new flavors, practice real culinary methods, and build the confidence to cook independently. With daily challenges, tasting adventures, and plenty of fun along the way, campers will leave ready to chop boldly, sizzle proudly, and serve up their own culinary creations.

Create-a-Cook

6/29 - 7/2 [9am - 12pm]

Fee: \$205 | Ages: 9-15

Create-a-Cook invites young chefs to sharpen their savory cooking skills in this immersive, hands-on one-week culinary experience. Campers will build confidence through essential techniques such as knife skills, proper seasoning, sautéing, roasting, and pan work while preparing a variety of flavorful, kid-approved savory dishes. Guided by Create-a-Cook's professional chef instructors, students will learn how ingredients work together, practice kitchen safety and organization, and develop an understanding of timing and technique. With collaborative cooking, daily challenges, and plenty of opportunities to taste and refine their creations, campers will leave ready to prep with purpose, season with confidence, and sauté like young professionals. To celebrate the Fourth of July, campers will enjoy a festive culinary twist featuring red, white, and blue-inspired dishes along with classic summer favorites. This holiday theme encourages creativity, seasonal cooking, and an appreciation for how food brings people together during special celebrations.

SPECIALTY Summer CAMPS

Registration is open. **Please note that some weeks may be full by the time this publication is mailed.** To register, visit conshohockenrsp.recdesk.com or call the Community Center at 610-828-3266.

Wild Things Preserve

7/6 - 7/10 [9am - 12pm]

Fee: \$180 | Ages: 6-10

These lessons use innovative hands-on activities that provide campers with a unique foundation for associative learning. Whenever appropriate, live animals are brought into the camp and incorporated into the lesson in a way where students can hold and interact with them. Learning about natural habitats for living creatures, what they need to survive, how we impact/help them, and how the environment plays a roll has never been more fun!

Skyhawks -Volleyball

7/13 - 7/17

Fee: \$ 185

Ages/Times:

8-11 yrs: 9am-12pm

12-15 yrs: 1pm-4pm

Dig deep with Skyhawks Volleyball! This camp combines the thrill of volleyball with fun while focusing on passing, setting, spiking, hitting, and serving. Beyond skills, volleyball programs emphasize leadership and teamwork, fostering growth as players and team members.

Skyhawks - Golf

7/20 - 7/24 [9am - 12pm]

Fee: \$200 | Ages: 6-12

Beginner Golf is powered by Payne Stewart Golf Experiences, the recommended entry-level golf program for PGA Junior Golf Camps. Putting, chipping, pitching and full swing, are all taught through games, simple repetitive motions and learning rhymes that make it easy for young kids to remember and repeat.

Fun4all-Slime Camp

7/27 - 7/31 [9am - 3pm]

Fee: \$310 | Ages: 6-12

Dive into a gooey, slimy adventure with a variety of slime-making activities! Kids will experiment with different slime recipes, including monster slime and bubble gum slime, creating colorful and stretchy creations. This program is all about hands-on fun and creativity in a mess-free environment.

Theatre Horizon Drama Camp

8/3 - 8/7 [9am - 3pm]

Fee: \$220 R / \$225 Non-R

Ages: 7-12

Young actors spend a week working as an ensemble to create an original play—full of drama, comedy, suspense, and one-of-a-kind characters. Professional teaching artists guide campers through playwriting basics and fun improvisation games. On the last day, they perform their world premiere play for an audience!

Back to School Boost

8/10 - 8/14 [9am - 12pm]

Going into Grades 2nd-5th

Fee: \$125 R / \$130 Non-R

Summer's almost over, but the learning fun doesn't have to be! Join our Back-to-School Boost tutoring session to shake off the summer slump and start the school year strong. We'll review, refresh, and get your brain back in gear—all while keeping it light and fun!

What to Expect:

- Games & activities that make learning exciting
- Confidence-building review of key skills
- A head start on next year's topics

Skyhawks Multi-Sport Camp

8/17 - 8/21 [9am - 3pm]

Fee: \$315 | Ages: 6-12

Multi-Sport programs are designed to introduce young athletes to a variety of different sports in one setting. Athletes will learn the rules and essential skills of each sport, along with vital life lessons such as sportsmanship, inclusion and teamwork.



SKYHAWKS SPORTS ACADEMY

BASEBALL TOTS

Step up to the plate with BaseballTots. These classes focus on developing motor skills and baseball basics like throwing, catching, hitting, and running. It's all about fun, skill development, and creating memorable moments. BaseballTots fosters a love for baseball from the start!

Day: Tuesdays (5 weeks)

Dates:

- Spring: 3/31 - 4/28
- Spring II: 5/12 - 6/16 (no class on 5/19)

Ages/Time:

- 2-3 - 5:00 PM - 5:40 PM
- 3-4 - 5:50 PM - 6:30 PM

Fee: \$130

Location: A Field

GOLF

Day: Thursdays

Dates:

- Spring: 4/2 - 4/30
- Spring II: 5/14 - 6/11

Fee: \$130

Location: B Field



GolfTots

A unique golfing experience inspired by Payne Stewart Golf Experiences. Our programs offer expert instruction in putting, chipping, pitching, and full swings, ideal for young athletes eager to master golf. Parent participation is required.

Ages: 3 - 5 | **Time:** 5:00 PM - 5:40 PM

Beginner Golf

Powered by Payne Stewart Golf Experiences, is the ideal entry-level program for PGA Junior Golf Camps. Using fun, games-based play and modified equipment, kids quickly develop putting, chipping, pitching, and full swing skills. Simple motions and learning rhymes make it easy to remember and repeat.

Ages: 6 - 10 | **Time:** 5:50 PM - 6:50 PM

BASKETBALL

Perfect for developing athletes, this program sharpens passing, shooting, and dribbling skills, emphasizing sportsmanship and teamwork. Participants develop defensive and rebounding abilities in a dynamic setting that promotes personal and athletic growth. Get involved and make a difference on and off the court!

Day: Wednesdays (5 weeks)

Dates:

- Spring: 4/1 - 4/29
- Spring II: 5/13 - 6/10

Ages/Time:

- 4 - 5 - 5:00 PM - 6:00 PM
- 6 - 8 - 6:10 PM - 7:10 PM

Fee: \$130

Location: Aubrey Collins

MULTI-SPORT TOTS

Kickstart your child's athletic journey with Multi-SportTots! This program offers a variety of sports through fun, age-appropriate activities, enhancing balance, coordination, and fitness. Parent participation is required for ages 2 to 3, fostering bonding and fun. This is a dynamic introduction to sports, packed with learning and teamwork!

Day: Sundays (5 weeks)

Dates:

- Spring: 3/29 - 5/3 (no class on 4/5)
- Spring II: 5/17 - 6/21 (no class on 5/24)

Ages/Time:

- 2 - 3 - 9:30 AM - 10:10 AM
- 3 - 4 - 10:20 AM - 11:00 AM

Fee: \$130

Location: Community Center at the Fel



JUNIOR PICKLEBALL WITH UNIVERSAL RACKETS

In the Universal Rackets Junior Pickleball clinic students will learn the basics of pickleball including shots, technique, rules, and strategy. At Universal Rackets our goal is to provide a supportive and encouraging environment for all players, so that they can learn and grow in the sport of pickleball in a fun and positive upbeat atmosphere.

Dates:

- Spring I Session: 4/21 - 5/26 (no class 5/19)
- Spring II Session: 6/2 - 7/7 (no class 6/30)

Times:

- Level 1 - 5:00 PM
- Level 2 - 6:00 PM

Ages: 7 - 13

Fee: \$125



3-ON-3 INSTRUCTIONAL LEAGUE MOORE BROTHERS BASKETBALL

This 3v3 instructional basketball league will allow players to learn spacing, defensive agility and footwork, and improve fundamentals. Players will be placed on teams. Games are 15 minutes long or first to 15 points, whichever comes first. Each team is guaranteed to play 2 games. Games will be controlled by referees. Program will be instructed by Chuck and Ronald Moore, former PW standouts, Division I players, and professional athletes. An evaluation will be held to determine teams.

Day: Tuesdays (5 weeks)

Dates: 7/7 - 8/4 (Evaluation Day TBD)

Ages: 5 - 9

Times: 6:00 PM - 7:00 PM

Fee: \$145 Members/Residents | \$155 Non-Residents.

Location: Sutcliffe Park



YOUTH PROGRAMS

Live, Work, Play!

SOCCKER SHOTS

Soccer Shots Minis

Ages: 1.5-3 year olds

Spring 2026 Session

Location: B Field

Fee: \$173

Mondays: 4/6 - 6/1 (8 weeks, Off 5/25)

- Session Times: 4:30 PM

Saturdays: 4/4 - 5/30 (8 weeks, Off 5/23)

- Session Times: 8:45 AM; 10:05 AM

Sundays: 4/12 - 6/7 (8 weeks, Off 5/24)

- Session Time: 12:15 PM

Summer 2026 Session

Location: B Field

Mondays: 6/22 - 8/10 (8 weeks)

- Session Times: 4:30 PM
- **Fee:** \$173

Saturdays: 6/20 - 8/8 (7 weeks, off 7/4)

- Session Times: 8:45 AM; 10:05 AM
- **Fee:** \$158

Soccer Shots Classics

Ages: 3-5 year olds

Spring 2026 Session

Location: B Field

Fee: \$173

Mondays: 4/6 - 6/1 (8 weeks, Off 5/25)

- Session Times: 5:05 PM

Saturdays: 4/4 - 5/30 (8 weeks, Off 5/23)

- Session Times: 9:20 AM; 10:40 AM

Sundays: 4/12 - 6/7 (8 weeks, Off 5/24)

- Session Time: 12:50 PM

Summer 2026 Session

Location: B Field

Mondays: 6/22 - 8/10 (8 weeks)

- Session Times: 5:05 PM
- **Fee:** \$173

Saturdays: 6/20 - 8/8 (7 weeks, off 7/4)

- Session Times: 9:20 AM; 10:40 AM
- **Fee:** \$158

Soccer Shots Premier

Ages 5-8 year olds

Spring 2026 Session

Location: B Field

Fee: \$173

Mondays: 4/6 - 6/1 (8 weeks, Off 5/25)

- Session Times: 5:50 PM



Summer 2026 Session

Location: B Field

Mondays: 6/22 - 8/10 (8 weeks)

- Session Times: 5:50 PM
- **Fee:** \$173



SUMMER DISCOUNT TICKETS

Conshohocken Borough's Department of Recreation Services in conjunction with Pennsylvania Recreation & Parks Society offers discounted tickets. Tickets may be purchased at the Community Center at the Fel located at 515 Harry St., Conshohocken, PA 19428. Tickets offered are Adventure Aquarium, Morey's Pier, Philadelphia Zoo, Tree Trails Adventure, Splash Zone and more. Call for availability and pricing.

Discounted tickets are also available for Dorney Park, Hersheypark, Six Flags, Cedar Point, Diggerland, Kings Dominion, Legoland, Disney World, Universal Studios, Movie Tickets, Broadway/Off-Broadway Shows, Cirque du Soleil, and more. Login or create an account to view discounts: www.prps.org/memberdeals.

Tiny Tots

Help your child discover movement and expression! Even though your little ones aren't old enough for school, you can head to the Community Center for a fun and interactive experience with your child. No need to register ahead of time and you may come any time during the 4 hours. Please see one of our staff members at the front desk when you arrive.

Day: Wednesdays

Dates: Ongoing; ending May 27th. Program will resume in September.

Time: 10:00 AM - 2:00 PM | **Age:** Crawler - 3-year-olds

Fee: Free for Members | \$5 Non-Members

